



## **FOOD HAMPERS AVAILABLE COVID-19 Outreach**

As part of the League's Community Outreach Initiative, food hampers are now available. To make a request, please contact **780-454-6424**, email [volunteer@inglewoodcl.com](mailto:volunteer@inglewoodcl.com), or apply online here.

**Request  
Assistance**

## **Inglewood Virtual Block Party**



#ROCKTHEBLOCK

# COMMUNITY block party

**July 4**

**4:00 - 6:00 p.m.**



**Join the hottest virtual  
bash with live DJ Johnny  
Mazeeka! You don't want to  
miss this partaaaay!**



**twitch**

**Talent**  
PRODUCTIONS

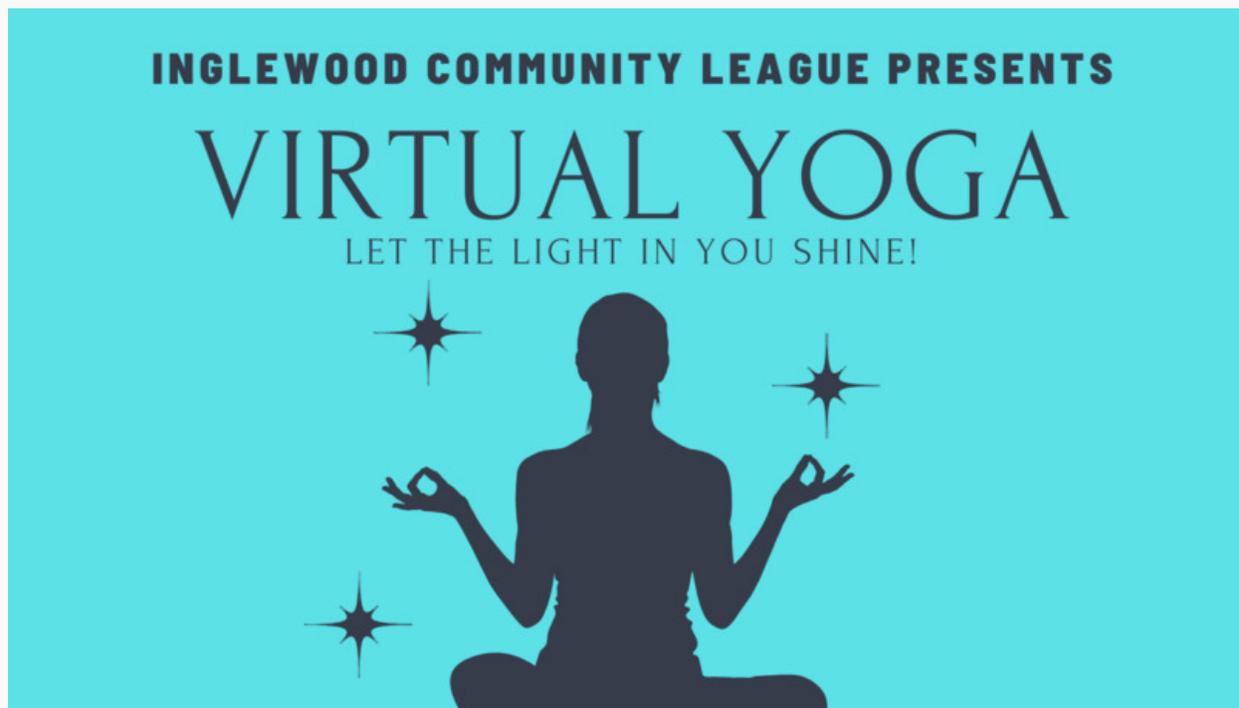
Inglewood Community League invites you to the hottest virtual bash in town. Celebrate your community with us and enjoy a virtual experience for the books! DJ Johnny Mazeeka of Talent Productions will kick start your #BlockParty and have you movin, groovin and dancing to all the

beats! You don't have to live in Inglewood to join the fun! By joining virtually, you will automatically be entered to win one of our amazing prizes!

[Follow us on Facebook](#) for more details!

#RockTheBock #BlockParty #Community #BetterTogether #SocialDistancingParty #DanceParty

**Sign up  
FREE!**



SPOTS STILL AVAILABLE!

Join us for **FREE** yoga sessions this summer! You must pre-register to secure a spot. Space is limited to allow for an intimate and relaxing virtual experience.

*Instructor: Connie Clarke of Dancing Willow Yoga*

**Tuesdays, 7:00 - 7:45 PM**

July 7, 14, 21, 28

Please pre-register by emailing Hayley at [programs@inglewoodcl.com](mailto:programs@inglewoodcl.com)

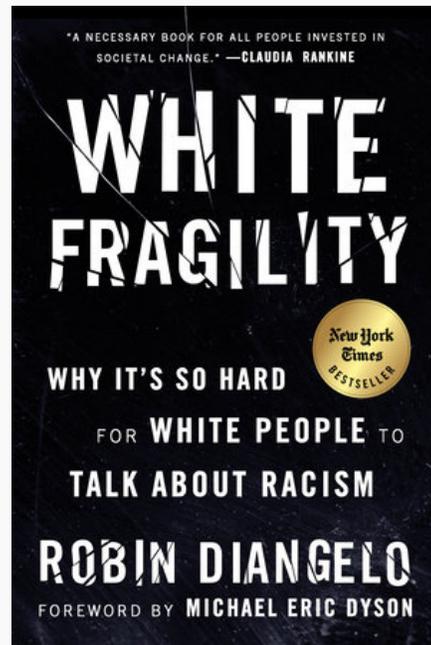
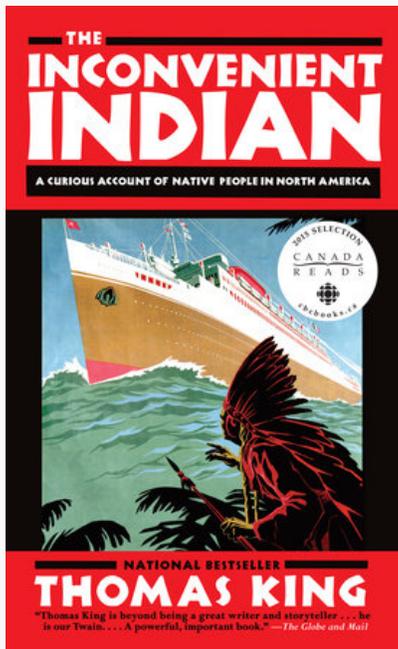
# Inglewood Book Club

The response last month to our community call out was beyond impressive! 30 book worms and curious minds signed up to engage in a constructive & guided dialogue together. We look forward to seeing you soon!

**July 21 & 22:** The Inconvenient Indian by Thomas King

**August 18 & 19:** White Fragility by Robin DiAngelo

Meetings are 7:30-9:00 PM



[Sign up Here!](#)

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## Message From The Director of Programs & Events



### **COVID-19 Update**

Our League will continue to keep its doors closed to the public during the summer months. We will not be operating any in-person classes, events or rentals during this time. We look forward to re-opening our doors in the Fall, which of course will be dependent on the COVID-19 situation at the time.

### **Virtual Programming**

*When life throws you lemons, make lemonade!* Although our preference as a League is to be together in person, we recognize that now is just simply not the time. So in lieu of in-person gatherings, our Programs Team has been getting creative...!

We invite you to join our upcoming **Block Party** this Saturday, take part in our **Virtual Yoga Sessions** or get involved in our **Virtual Book Club** starting next month. All free and brought to you by the League in an effort to keep our *community connected* during COVID-19.

### **Food Hampers Still Available**

As part of our ongoing efforts to ensure our community members are cared for during COVID-19, we continue to share food hampers with folks who may need a bit of extra assistance right now. Please reach out to our Hamper Coordinator if you would like a food hamper delivered curbside: **(780) 454-6424** or email – [volunteer@inglewoodcl.com](mailto:volunteer@inglewoodcl.com)

Stay healthy & happy Inglewood!

Hayley Weedon  
Director of Programs & Events  
[hayley.weedon@inglewoodcl.com](mailto:hayley.weedon@inglewoodcl.com)

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## **Supportive Housing Inglewood**



The City of Edmonton is proposing the development of a 5-storey (30 unit) supportive housing development in Inglewood at the location of 12312 112 Avenue. This development will provide people who have experienced homeless with the support, safety, and stability they need to lead healthy and connected lives through on-site staff and wraparound services.

The City wants to hear from you! They are planning a series of community engagement opportunities over the course of this summer to solicit community feedback on the project. These opportunities will include online surveys, digital community round tables, and larger format public engagement sessions. If you are interested in participating in the engagement process email [supportivehousing@edmonton.ca](mailto:supportivehousing@edmonton.ca) and follow [edmonton.ca/supportivehousing](https://edmonton.ca/supportivehousing) for up to date information on the project.

**More Information &  
Survey**

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## Crime and Safety Tip of the Month

### Garage Break and Enter:

- Keep all doors locked at all times. This seems simple but a large amount of residents leave the man door unlocked.
- With that in mind, ensure the man door has a dead bolt lock. A door lock can be easily bypassed.
- Ensure the dead bolt has larger (2 inches or more) screws that go into the door frame. When they are installed they are normally very small and can be defeated by kicking the door.
- DO NOT keep the garage door opener in a vehicle parked on the road. This can be an easy smash and grab with easy access to the garage.
- Consider bars on the windows for added protection.
- Consider a security system with alerts. Even the overt signs can help with deterrence.

### House Break and Enter:

- This is very uncommon when the suspect is not known to the resident.
- Keeping doors locked (even when at home).
- If it were to happen, think of the following:

- How would you call police if you left the house without a cell phone (a neighbours house?)
- Where are you going to go for safety?
- Do your children know where to go if they have to leave the house?

-- Crime and Safety Coordinator Kevin Heidt

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## Inglewood Sustainability



Did you know that Inglewood Community League has taken steps to move towards renewable energy?

Please participate in this short survey to share your views on the subject as well as to help us understand if these steps have helped you learn about and experience renewable energy technology first hand.

[Take Survey!](#)

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# Inglewood COVID-19 Community Outreach

Inglewood Community League wants everyone to make it through COVID-19 healthy, happy, and cared for.



The Inglewood Community League is continuing to provide support to those needing extra assistance during this difficult time. The realities of COVID-19 and the implications these trying times have had on our community, has many folks needing assistance with food security now more than ever.

As a League, we are here to help and will respond by delivering a food hamper to your front door. If you are in need of food assistance, please fill out this confidential form.

Thank you to our community partner, Inglewood Christian Reformed Church, and everyone in our community who has donated food, money and time to this initiative to date!

[Request Assistance or apply  
to Volunteer](#)

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## Kids on Track Kids Summer Activities



Kids On Track is a Cristian non-profit located in West Edmonton. We are a community building organization that provides hope, direction, and ongoing support for children, youth, and their parents.

There are many summer programs that are unable to provide their regular programming for children and youth this summer. Kids On Track is excited to announce that our ACTIVE FAMILIES and our SHIFT YOUTH programs can both go ahead.

**SHIFT YOUTH:**

Outdoor recreation activities four days a week M-Th, with a morning time slot and an afternoon time slot with activities like bubble soccer, giant games, and high ropes. The team is working hard to ensure that all activities will align with the guidelines provided from the province of Alberta including social distancing.

**ACTIVE FAMILIES:**

This is a chance for parents to get active and get creative WITH their children, fostering a stronger family relationship through shared experiences. We will be offering four activity slots per week M-Th as well as two Saturdays a month. Activities like container gardening, nature games, bike days, craft days, and creative outside games will all be a part of the summer.

We will align with all the guidelines provided from the province of Alberta including social distancing. Each activity will only be \$5 and we have lots of free spots to give away. **We will work with what any family can pay!**

[Learn More!](#)

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## COVID-19 Resources

Find comprehensive COVID-19 information and resources from our various governments and agencies. Keep in mind this information can change quickly. Residents are encouraged to stay informed and frequently check information related to government announcements and special initiatives through the sources noted in this edition of the e-newsletter.

### **CITY OF EDMONTON**

[COVID-19 info](#)

[Development & Engagement](#)

### **GOVERNMENT OF ALBERTA**

[COVID-19 info](#)

[211](#)

[News](#)

### **ALBERTA HEALTH SERVICES**

[COVID-19 info](#)

[Help in Tough Times](#)

[Center for Online Mental Health Support](#)

### **GOVERNMENT OF CANADA**

[Public Health Canada](#)

[Prime Minister's News](#)

[Economic Response Plan](#)



For more information on the Inglewood  
Community League, visit our Website at  
[inglewoodcl.com](http://inglewoodcl.com)

Join the  
conversation    
on

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